



M E N U

SMOOTHIE BOWLS



CHOCO ADDICT

Cacao powder - Peanut butter - Coconut - 280
Banana - Granola - Choco chips - Almonds

SPORT BOWL

Chocolate Whey Protein - Strawberries - 300
Banana - Season fruits - Coconut - Peanut
Butter - Granola - Almonds

PINK FLAMINGO

Pitaya powder - Mango - Strawberries - Banana 320
- Coconut - Kiwi - Granola

BLUE MERMAID

Blue Spirulina - Mango - Banana - Coconut - 340
Vanilla Protein - Season fruits - Granola

MASTER BOWL

Açaí - Blueberries - Banana - Season fruits - 350
Coconut - Granola

24 K

Açaí - Blueberries - Banana - Coconut milk - 490
Mango - Pineapple - Peanut butter - Edible gold
- Personalized with your name.



PURE AÇAÍ BOWLS

LOST PARADISE

Base: Pure Organic Açaí 280
Toppings: Mango - Passion fruit - Dragon fruit -
Banana - Coconut - Almonds - Granola

THE JUNGLE

Base: Pure Organic Açaí 280
Toppings: Mango - Kiwi - Pineapple - Peanut
butter - Almonds - Granola

EDEN

Base: Pure Organic Açaí 280
Toppings: Banana - Kiwi - Apple - Passion fruit -
Coconut - Granola

BEACH BUMS

Base: Pure Organic Açaí 280
Toppings: Peanut butter - Banana - Granola -
Coconut flakes - Cashews - Chia seeds

We don't add anything to our açaí
bowls base! It is pure as how we
get it! And very tasty!

HEALTHY BRUNCH

APPLE PEANUT TOAST

Apple - Cinnamon - Peanut butter - Nuts and 220
sesame seeds

PINK - AVO

Avocado - Beetroot Cream cheese - Almond - 220
Chia seeds - Lime - Sprouts

AVO GARDEN

Avocado - Cream cheese - Carrot - Cucumber - 240
Mango - Lime - Smoked Mustard - Edible flowers
- Sesame seeds

GOLDEN TOAST

Avocado - Scrambled eggs - Sprouts - Radish - 240
Sesame seeds - Lime - Pumpkin seeds - Chili
flakes - tomatoes

PURA VIDA

Smashed avocado - Sunny up eggs - Sunflowers 240
seeds - Chili flakes - Sprouts

SUNNY SALMON

Smoked salmon - Cream cheese - Cucumber - 290
Capers - Shallots - Fresh Dill and Mint - Nuts and
sesame seeds - Lime





M E N U



SANDWICHES

THE TOWER

Scrambled eggs - Cherry tomatoes - Cream Cheese - Sprouts - Cucumber - Oregano 260

MEDITERRANEAN

Pesto - Cherry tomatoes - Cream cheese - Cucumber - Feta cheese - Olives 260
Extra virgin olive oil

PULLED PORK

Burger bread - American sauce - Pork - Cheddar cheese - Grilled onion - Pickles - Barbecue sauce 280
Grilled potato on the side and American sauce dip

BAGEL SMOKED SALMON

Bagel bread - Lettuce - Cucumber - Smoked salmon - Red onion - Cream cheese with dill 320
Grilled potato on the side and tzatziki dip

SWEET BITES

BANANA SUSHI

Chia wrap - Banana - Choco-Hazelnut protein spread - Passion fruit - Mango - Granola - Maple syrup 180

TROPICAL SUSHI

Chia wrap - Avocado - Mango - Cheese cream - Sesame seeds - Butterfly pea flowers - Maple syrup - Almonds 220

RED WAFFLE

Waffle - Cheese cake Lotus ice cream - Blueberry strawberry sauce 220

MAMA PANCAKES

Pancake tower with chocolate - Strawberry jam - Mango - Banana - Passion fruit - Almonds - Granola - Rose petals 240

SALAD BOWLS

SABAI SALAD

3 Color Quinoa - Lettuce - Avocado - Cherry tomatoes - Mushrooms - Sweet potato - Pomegranate - Sesame seeds 290
Dressing: Honey mustard or olive oil Tofu 260

SUNNY GARDEN SALAD

3 Color Quinoa - Greens - Avocado - Mango - Passion fruit - Cucumber - Edamame - Radish - Red onion - Sprouts - Nuts and sesame seeds 320
Dressing: Creamy cucumber sauce Tofu 290

NOVA SALAD

3 Color Quinoa - Lettuce - Avocado - Edamame - Sprouts - Radish - Sesame Seeds - Pumpkin seeds - Cherry tomatoes - Boiled egg 320
Dressing: Honey mustard or creamy cucumber sauce Tofu 290

Extras:

Grilled chicken - Avocado 40

Cherry tomatoes - Feta cheese - Boiled eggs 30

Smoked salmon 100

WRAPS & TACOS

RAINBOW WRAP

Mashed Avocado - Mango - Cherry tomatoes - Sprouts - Carrot - Red cabbage - Mushroom - Mayonnaise 240
Dressing: Tzatziki sauce on the side

VEGGIE TACOS

Mashed avocado - Crispy tofu - pico de gallo (Tomato shallot - Onions - Cilantro) 240
Dressing: Mayo chipotle soft spicy or cream cucumber sauce

CHICKEN TACOS

Mashed avocado - Chicken - Pico De Gallo (Tomato shallot - Onions - Cilantro) 260
Dressing: Mayo chipotle soft spicy or cream cucumber sauce

CHICKEN WRAP

Chicken - Cherry tomatoes - Mozzarella - Sprouts - Mashed Avocado - Mushroom 260
Dressing: Mayo on the side

BEEF WRAP

Australian beef - Caramelized onion - tomatoes - Cheddar cheese - Grilled mushroom - Mustard - Nachos 280
Dressing: Mayo on the side





M E N U

D R I N K S

RAINBOW LATES 100

RED VELVET

Beetroot - Coconut milk - Cinnamon Rose tea flowers

MATCHA LATTE

Matcha tea - Coconut milk - Vanilla Protein - Jasmine tea flowers

BLUE MOON LATTE

Blue Matcha tea - Coconut milk - Vanilla Protein - Butterfly Pea flowers

KOH KEFIR KOMBUCHAS 160

Flavors: Wild Hibiscus - Mango Ginger - Butterfly Pea - Passion fruit Peach

Koh Phangan local brand - 240 ml - fresh

SOFT DRINKS

MINERAL WATER 40

SODA WATER 60

FRESH COCONUT WATER 90

FRESH ORANGE JUICE 130

LIMENADES



TOM YUM BREEZE

Fresh lime juice, lemongrass, galangal, kaffir lime syrup 90

PASSIONADE

Fresh lime juice, mulberries & strawberries and sumac syrup 90

Refreshing, served on a glass,
perfect for a hot day in Thailand,
recipes from Thai Element Koh
Phangan!



ORGANIC COFFEE

	M	L
Espresso	80	--
Americano	90	120
Latte	90	120
Cappuccino	90	120
Caramel Latte	120	150
Vanilla Latte	120	150
Choco Orange Coffee	140	--
Affogato	150	--

Extras:

Iced coffee 10

Coconut Milk 10

Soy Milk - Almond Milk - Oat Milk 20

COLD PRESSED JUICES 120

WAKE ME UP

Pineapple - Ginger - Turmeric

DR.GREEN

Green Spirulina - Green apple - Cucumber - Ginger

TROPI-KO

Green Apple - Pineapple - Lime

SUPER BEET

Beetroot - Pineapple - Ginger - Lime

SMOOTHIES 140

PINK PARADISE

Strawberry - Banana - Honey and Basil

MANGO FIRE

Mango - Passion fruit - Ginger - Honey

TROPICAL GREEN

Pineapple - banana - Kiwi - Honey and Mint

ENERGY SMOOTHIES 180

POWER AÇAÍ

Açaí - Blueberries - Banana - Coconut milk

BOOSTER

Chocolate Whey Protein - Peanut butter - Banana - Coconut milk